



VON VOIGTLANDER  
WOMEN'S HOSPITAL  
MICHIGAN MEDICINE

# MomShare

## *New Mom? Expecting a Baby?*

Walk-ins and babies  
welcome!  
Light snacks provided.



Sessions are FREE, open to  
the public, and held at The  
Women's Center of  
Southeastern Michigan,  
which is located on the bus  
line.

**Make friends. Build skills.**

**Tuesdays at 1:00 starting April 17, 2018**

Swaddling and soothing tips  
Self-care and mood booster strategies  
Meet other moms and moms-to-be  
Ask the Doc  
Feeding support

*Jean Leavell King*  
*The Women's Center*  
*of Southeastern Michigan*

Hosted by The Women's Center of Southeastern Michigan

510 S. Maple Road  
Ann Arbor, MI 48103  
734-973-6779

<https://womenscentersemi.org/>

<https://roomtotalk.org/>

Questions? Contact Lisa at [lfattori@med.umich.edu](mailto:lfattori@med.umich.edu)